

CBT Career or KSA consultancy

WHICH SERVICE?

Becoming a CBT Therapist

Bespoke career advice for your professional journey. No matter what your background or level of study, receive advice on pathways to become a CBT therapist.

KSA Portfolio Preparation

A service for those without a core profession wishing to apply for Postgraduate CBT training, or accreditation with the BABCP.

HOW IT WORKS

- 1** Contact Moya CBT
- 2** You will be sent a form to provide background details and support required
- 3** Choose from three levels of support available via telephone or video:

15 minute one off session

30 minute flexible consultation time
(with one email follow up)

60 minute flexible consultation time
(with multiple email follow up)

N.B.) 30 and 60 minute flexible options can be used across multiple sessions

Dr. Helen Moya is an accredited CBT therapist and Chartered Psychologist. Former Course Director of an accredited CBT programme, with years of experience as a KSA assessor.



For more information:
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