

# CBT Career or KSA consultancy

## WHICH SERVICE?

### CBT Career Advice & Mentoring

Bespoke career advice for your professional journey. No matter what your background or level of study, receive advice on pathways to become a CBT therapist or career development beyond. Mock interview and application advice also available.

### KSA Portfolio Preparation

A service for those without a core profession wishing to apply for Postgraduate CBT training, or accreditation with the BABCP.

## HOW IT WORKS

- 1** Contact Moya CBT
- 2** You will be sent a form to provide background details and support required
- 3** Choose from three levels of support available via telephone or video:

15 minute one off session **£30**

30 minute flexible consultation time  
(with one email follow up) **£50**

60 minute flexible consultation time  
(with multiple email follow up) **£80**

N.B.) 30 and 60 minute flexible options can be used across multiple sessions

*Dr. Helen Moya is an accredited CBT therapist and Chartered Psychologist. Former Course Director of an accredited CBT programme, with years of experience as a KSA assessor.*



For more information:  
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